

INNER CIRCLE

AMBASSADORS

Spring Cohort





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*Community
Ambassadors*

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Community Ambassadors



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ADRIANNE

DMV

Adrienne is a community advocate and educator in Lynchburg, Virginia, currently pursuing a Doctorate in Education. She is a member of Sigma Gamma Rho Sorority, Inc., and participates in legal and civil rights organizations like the Black Women Lawyers Association and the NAACP. As a delegate for the Miss Black America pageant, she promotes community awareness and education.

My Why:

"I am motivated by my passion for health equity, shaped by years of suffering from endometriosis. This experience inspires me to empower others to advocate for their medical needs."



BETTY

HOUSTON, TX

Betty, a Houston-based faith leader with 40+ years in ministry, works with Windsor Village Church's Good Health and Well-Being Ministry. She focuses on holistic wellness and support for those with chronic illness and cancer. A Certified Christian Counselor with a Bachelor's in Christian Leadership, Betty is committed to health equity and faith-rooted care.

My Why:

"Working alongside healthcare organizations and professionals...allows us to expand our knowledge...and ensure that the information shared is meaningful, accurate, and effectively reaches diverse communities."



BRANDI

BATON ROUGE, LA

Brandi is a Clinical Research Coordinator who thrives on purpose-driven work and genuine connections. She excels at blending healthcare, leadership, and creativity, all while remaining grounded in faith and service. Brandi believes that the greatest impact occurs when people feel seen, supported, and aligned with their purpose.

My Why:

"Jeremiah 29:11 reminds me that God already has the plan, I just have to trust it."



CALYSTIA

ATLANTA, GA

Calystia is a clinical research professional with 28 years of experience. She advocates for community health, aiming to expand access to healthcare and health literacy among underserved populations. Her efforts focus on connecting communities to clinical research to ensure diverse voices are represented.

My Why:

"To bridge communities and clinical research so every voice is represented and included."



CANDACE

BIRMINGHAM, AL

Candace is a committed PhD student and clinical research coordinator with a background in public health. Hailing from Washington, D.C., she drew on her experiences in diverse neighborhoods to fuel her passion for addressing funding and representation disparities. Now in Birmingham, Alabama, she engages with the community through the Birmingham Vanguard and the Bridge-In-N-Out Society.

My Why:

"I want to bridge the gap between clinical research and community engagement by ensuring underserved communities are no longer overlooked and instead feel empowered."



LYNNE

WILMINGTON, NC

Lynne is an experienced community and political leader, serving as a Voter Registration Commissioner and previously co-managing a Senate Race. She has held multiple roles in ministry, including serving as an Elder and an Associate Pastor. Her commitment to service is evident through her work with people experiencing homelessness, her role as a Job Coach for individuals with addictions, and her extensive volunteerism.

My Why:

"The Inner Circle is a perfect opportunity for me to share my passion to educate and advocate for those impacted by healthcare disparities the most."



DOMINIQUE G.

HOLLIS, NY

As a clinical research professional and public health student, Dominique strives to educate and empower communities to advance equitable care for all. Her goal is to contribute to initiatives that bridge health disparities through evidence-based practices and compassionate care.

My Why:

"Being both a Master of Public Health student and a Clinical Research Coordinator, I use my passion for health equity to fuel my work."



EVON

MIAMI, FL

Evon began her career in 2003 as a Web Developer and UX Designer, spending 15 years creating intuitive digital experiences. In 2018, she transitioned to an IT Support Technician role. Her most significant change came after her husband's Type 2 diabetes diagnosis in 2014, prompting her to become a dedicated caregiver and researcher in chronic disease management.

My Why:

"I believe that with the right information and support, no one has to face a chronic diagnosis alone."





IMANI

SHAKER HEIGHTS, OH

Imani is a career scientist and educator with over seven years of experience in biomedical research, focusing on maternal-fetal health and brain cancer. She serves on the boards of two non-profits related to youth mental health and organ donation education. Additionally, she is developing a consultancy to aid individuals and organizations at the crossroads of health, science, and community leadership.

My Why:

"I am driven by the belief that health and science should be accessible conversations where individuals are empowered as the "CEOs of their own health," rather than having information spoken at them in confusing jargon."



JASMINE

DETROIT, MI

Jasmine is a hard-working, bilingual (German-speaking) individual committed to making a meaningful impact through service. She is deeply dedicated to uplifting and empowering the Black community through advocacy, education, and hands-on involvement. For her, community service isn't just an activity—it's central to her identity and leadership style.

A quote I live by:

*"Alone, you can go fast; together, you can go far."
— African Proverb*





KARLA

ATLANTA, GA

Karla is a nurse consultant, Spirit-led coach, and founder of Her Wellness Nook and The Born Educators Academy. She creates healing, educational spaces rooted in holistic wellness, storytelling, and intergenerational community—supporting women as they reflect, rebuild, and thrive. Karla's work blends public health, faith, and lived experience to help women turn wisdom, care, and creativity into lasting impact.

A quote I live by:

*"We stand on the shoulders of Giants,
that is why we can see further."
-Sir Issac Newton*



KEBA

SAINT LOUIS, MO

Keba is an independent community health worker with a deep passion for reducing the social determinants of health within her community. She is an active participant in clinical trials, which gives her a unique perspective on the value and existing deficits of medical research. Drawing from her background in the South, she leverages her ability to find and research resources to provide essential social support to those she serves.

My Why:

*"My 'Why' is rooted in providing
dedicated health advocacy and a
supportive network for her community,
specifically focusing on critical areas like
traumatic brain injury and sexual
health advocacy."*





KENISHA

MOBILE, AL

Kenisha is a purpose-driven healthcare leader with 15+ years of experience in public health, managing multi-million-dollar programs including HIV clinical services and statewide training. She has secured over \$5M in grant funding to expand compassionate, data-informed care for diverse communities. She also enjoys spending time with family and friends, being a loving mom, and running her custom cake business, Confection City.

My Why:

"It is my passion to build healthier, more equitable communities by equipping providers, teams, and systems with the tools, training, and partnerships they need to deliver compassionate, high-quality care to every person they serve."



KIERRA

HOUSTON, TX

Kierra has over 7 years of experience working with vulnerable populations, providing access to insurance, primary care, and resources to address food and housing insecurity. She also uses data analysis and quality improvement methods to enhance the quality of care and collaborates with providers to implement sustainable changes.

My Why:

"I believe in a healthcare environment where everyone, regardless of background, feels seen, understood, and empowered. I see the Inner Circle as a meaningful opportunity to contribute to that vision and help build a healthier, more inclusive future."





KIMBERLY

BIRMINGHAM, AL

Kimberly is an experienced Project Manager with a proven track record in both corporate and non-profit management. She possesses strong skills in Community Engagement, Team Building, and Leadership, particularly in collaborative work with Nonprofit Organizations. Kimberly maintains robust relationships with community, political, and regional organizations.

A quote I live by:

"You may encounter many defeats, but you must not be defeated."



LASHELLE

HOUSTON, TX

Lashelle is a Board Member of the Texas Southern University Breast Cancer Board and a Peer Reviewer for the Congressional Breast Cancer Review Panel. Outside advocacy, she works as a political consultant and rescues huskies.

My Why:

"Advocating is my super power."



LATRENDA

JERSEY CITY, NJ

LaTrenda is a community advocate and wellness leader and the founder of The R.E.L.L.E. Legacy Foundation, which supports those affected by breast cancer. As a survivor, she raises awareness, promotes health equity, and empowers individuals through education and resources, with a focus on resilience and community strength.

A quote I live by:

"When we share our stories with honesty and intention, we don't just heal ourselves, we create pathways for others to rise."



LINA

DALLAS, TX

Lina is a Dallas advocate with 14 years of experience aiding underrepresented communities, including low-income individuals and immigrants, in the U.S. justice system. With a psychology background focused on refugees and trauma curriculum development, she also founded a nonprofit abroad to assist refugees in settling across Europe.

My Why:

"My mission is inspired by my experience watching my mother, a single immigrant from Ethiopia, face resource scarcity and systemic barriers. I aim to support other BIPOC women in overcoming similar challenges."





MARIA

DALLAS, TX

Maria has 25+ years of experience in healthcare, starting as a nuclear medicine technologist and transitioning into corporate roles in patient safety and risk. Her doctoral research examines the impact of healthcare organizations on health equity and patient outcomes. Currently, she works as a consultant, writer, and speaker, helping to clarify complex health information for communities and organizations.

My Why:

"I'm driven by a passion to help healthcare organizations see patients as individual people rather than just numbers. This mission is informed by my personal experience navigating chronic and terminal illnesses as an advocate for my own family members."



MARLI

GREENSBORO, NC

Marli is a Clinical Trial Associate for Corcept Therapeutics with seven years of industry experience. She resides in Greensboro, North Carolina, and is an active member of the Black Women in Clinical Research organization.

My Why:

"I'm driven by the desire to bridge health disparities in my community, ensuring that people of color have access to critical healthcare information and advocacy from representatives who understand their lived experiences."





MIA

HERSHEY, PA

Mia is a health and environment research technician and regional chair for the Radon Health Equity Workgroup at the Pennsylvania Department of Health. She coordinates outreach initiatives that address environmental health risks in underserved areas such as Harrisburg and Steelton. Additionally, she mentors high school students on technical research projects to improve their local environments.

My Why:

"I want to close the health disparity gap by ensuring that critical resources and environmental health information are provided to vulnerable communities in ways that are culturally relevant and empowering."



MICHELLE

CHICAGO, IL

Michelle, founder of the Malcom Orlando Ivy Foundation, provides a survivor's perspective on eliminating multiple myeloma. With expertise in biotech leadership, she translates bold visions into strategic goals, fostering coalitions to enhance education, early detection, and equitable access to therapies. Based in the greater Chicagoland area, she advocates for a humanistic and research-driven approach to transforming the Multiple Myeloma landscape.

A quote I live by:

"Still I Rise" - Maya Angelou





MONICA

NEW ORLEANS, LA

Monica is an experienced consultant in media relations, event management, and community engagement. She produced the PSA "Get Screened" for prostate cancer awareness and the documentary "Memories Unleashed." As a co-author of "The Power of Community," she aims to enhance public health discussions by focusing on "Education, Empowerment, and Encouragement" to transform communities and impact all ages.

A quote I live by:

"Do what enhances your life's journey and do it, unapologetically."



DR. NADINE

ATLANTA, GA

Nadine is a public health professor and researcher focused on health equity and diversity in clinical trials. She serves on the American Public Health Association's action board and volunteers with the Association for Clinical Research Professionals. Additionally, she mentors biology and public health students to nurture future representative healthcare professionals.

My Why:

"I'm motivated by my personal and professional experiences witnessing how the systemic lack of representation in medical research leads to inequitable health advances and treatments for marginalized populations."





NIA

DMV

Nia is committed to advancing health equity by improving health education and literacy in minority communities. At Smart Public Health Consulting (SPHC)[®], she designs evidence-based wellness programs focused on behavioral health, workforce development, and health literacy to help people and organizations thrive.

My Why:

"Turning lived experiences into human-centered health education allows me to help others make informed decisions about their health."



NYESHA

BOSTON, MA

Nyesha is a Technical Operations Manager based in Boston. She is naturally intrigued by systems; over time, she has used technology to help navigate them more efficiently. What began as basic calendaring eventually evolved into project management and data-informed storytelling—the kind that shifts mindsets and invites action toward efficiency and operational well-being for people and businesses.

My Why:

"Joining the Inner Circle feels like the right place to help spread awareness, uplift our stories, and move toward collective healing."





PRESTON

HUNTVILLE, AL

Preston Wrights, a first-year sophomore honors student, majors in computer science at the illustrious North Carolina A&T State University. Hailing from Huntsville, Alabama, he serves as both a gamification intern and community ambassador on Acclinate's Product Team. On campus, he is actively involved with NSBE, Project 2%, and the Honors Student Advisory Board as an event committee intern.

A quote I live by:

"Control the things you can control."



SHANTEZE

DALLAS, TX

Shanteze is a licensed educator and advocate with over 20 years of experience in supporting youth and families through literacy and trauma-informed practices. Her advocacy is personal, shaped by her caregiving role as she navigates educational and health systems. She is dedicated to creating inclusive spaces that honor caregiving, promote equity, and support individuals holistically.

My Why:

"My story is heavy, but I'm not giving up, and I share it so others feel seen, supported, and ready to advocate for themselves and those they love."





TAMARA

TURNERSVILLE, NJ

Tamara is a clinical research professional with 18+ years of experience, currently balancing her career with graduate studies and a deep commitment to lifelong learning. Beyond work, she is a wife, proud mother of four, and a devoted caregiver to her 92-year-old grandparents, roles that have strengthened her resilience, empathy, and leadership. She also serves as a Brand Ambassador for Black Women in Clinical Research, advocating for equity, visibility, and excellence across the industry.

A quote I live by:

"I come as one, but I stand as ten thousand." inspired by Maya Angelou



TAMIKA

NEW ORLEANS, LA

Tamika is an author, inclusive model, speaker, and health advocate who survived medical gaslighting. She holds a Bachelor of Science in Social Counseling from the University of Holy Cross in New Orleans. Drawing from her experiences and education, Tamika raises awareness about the profound impacts of chronic illness and medical gaslighting on all aspects of life.

My Why:

"Every BODY is different. There's no such thing as a one-size-fits-all treatment."





TAMISHA

HOUSTON, TX

Tamisha McDowell is a prominent health advocate in Houston dedicated to improving health literacy for underserved populations. With a background in community engagement, she works to remove the social barriers that prevent marginalized families from receiving quality care. Tamisha believes that health equity begins with listening to the residents themselves.

My Why:

"Over time you notice the more important things to life and it is making sure that resources and opportunities are given to everyone, but more importantly, the Black and Brown communities."



THELMA

BIRMINGHAM, AL

Thelma, a two-time breast cancer survivor from Birmingham, Alabama, has 20 years of outreach experience as a research advocate. She is on the NCI Patient Advocate Steering Committee and chairs the Advocacy in Science Committee for Susan G. Komen. With a background in nuclear engineering, she uses her analytical skills to connect research and clinical trials, focusing on health disparities affecting people of color.

My Why:

"After surviving cancer and losing three sisters to the disease, I'm driven by the belief that 'to whom much is given, much is required.' This motivates me to advocate for those without resources and to ensure representation in medical research."





DOMINIQUE C.

CHICAGO, IL

Dominique is a proud Chicago native and has spent years working in higher education, supporting students as they navigate the financial aid process and making their educational goals a reality. She is passionate about personal growth and discovering joy in everyday moments.

My Why:

"I just want to live fully and help other people do the same."



VYONKA

COLUMBUS, GA

Vyonka is a longtime mental health advocate and LPN who champions self-advocacy, especially for individuals with disabilities and members of marginalized communities. She has over 25 years of experience working diligently for underserved communities, from peer-to-peer education to policy reform. Inspired by her own journey and those of others, she hopes to open a resource center herself one day.

My Why:

"To empower my community through health education and to foster a space where every voice is heard and supported on their wellness journey."





YASHVI

NEW ORLEANS, LA

Yashvi is a public health epidemiologist with expertise in community outreach, clinical research, and patient navigation. She holds an MPH from Tulane University and focuses on building trust with underserved communities, enhancing access to care, and promoting respect in healthcare. Yashvi is driven by equity, lived experiences, and meaningful connections.

My Why:

"I believe people are more willing to engage in healthcare and research when they feel heard, represented, and genuinely valued — and I want to be part of building that trust."



JESSE

PAVO, GA

Jesse has been living with generalized myasthenia gravis since 2014, navigating the challenges of chronic illness with resilience and determination. His wife and boys are his blessing, and he believes that purpose, family, and faith can carry one through life's toughest seasons. Through sharing his journey, Jesse hopes to encourage others facing chronic illness to keep moving forward and never lose hope.

A quote I live by:

"Acceptance is not failure."





SHKIYAH

CHICAGO, IL

Shkiyah Little, a junior biology student at Spelman College from Greenville, North Carolina, has extensive experience with chronic health conditions, which has shaped her understanding of the healthcare system. She is currently engaged in community health research at Morehouse School of Medicine's Department of Preventive Medicine and Community Health.

My Why:

"I want to improve health equity and outcomes in underserved communities by focusing on preventive care rather than just continuously treating chronic conditions."



DR. SECORA

COLUMBUS, GA

Dr. Secora Lambert is a Doctor of Chiropractic with 15+ years of experience in clinical practice and trials. She has spearheaded health initiatives in Atlanta, emphasizing community engagement and healthcare literacy for underserved populations. Notably, she was the first chiropractor in Georgia to receive a proclamation from the City of Stonecrest for her efforts, highlighting her commitment to addressing healthcare disparities.

My Why:

"I care because I've been there—both as a patient and as a healthcare advocate—and I know that one voice can truly make a difference in gaining trust and improving health outcomes in the community."





MARKAYLA

CHARLOTTE, NC

Markayla Smith, a professional from Charlotte, North Carolina, has a minor in public health and is an affiliate member of the Deltas of Charlotte Foundation. She engages in community outreach and is planning a health fair. Additionally, she volunteers in Raleigh with organizations that support women and provide meals to people experiencing homelessness.

My Why:

"Growing up in an underserved community on Medicaid, I experienced firsthand the lack of proper resources, which sparked a lifelong commitment to providing preventative health tools and resources to others."



GLORIA

ATLANTA, GA

Gloria is a Creative Director and Wellness Consultant with a background in Public Health, working at the intersection of culture, creativity, and community care. Her work centers on building meaningful, people-first experiences through storytelling, wellness programming, and community engagement. She is passionate about creating spaces where creativity and well-being coexist with intention and impact.

A quote I live by:

"I've lived the realities of health and social inequities, and my why is ensuring that my liberation, wellness, and success extend beyond me."



COYA

HOUSTON, TX

Coya is a dedicated worker passionate about uplifting her community through volunteer work and support initiatives. By focusing on collaboration and tangible action, she strives to create a positive impact that fosters growth and unity among residents. Her commitment to serving others ensures that she continuously seeks opportunities to make a difference.

A quote I live by:

"I can do all things through Christ which strengthened me."



ALBERTA

HOBSON CITY, AL

Alberta is a dedicated community leader, leveraging her roles as a mayor and minister to connect with local women's and church groups. She is focused on improving health outcomes, particularly in underserved communities, through education, medication understanding, and organizing community health fairs.

My Why:

"I am always looking for information on research opportunities and ways to prevent and improve my health and the health of others."





WILL

HOUSTON, TX

Will believes that the future of healthcare isn't just in clinics, it's in the strength of communities. As an outgoing, he is here to pull back the curtain on his healthcare journey; sharing the raw highs, the challenging lows, and the lessons learned from both. By leaning into failures and celebrating wins together, they can navigate the path to a healthier world. Let's build something better, together.

A quote I live by:

"Knowing yourself is the beginning of all wisdom."



VERONICA R.

CHICAGO, IL

Veronica is a nonprofit leader focused on community-centered solutions in education, health equity, and access. At CEO Superheroes and TSC Holdings Group, she develops programs that empower youth and address inequities in STEAM, workforce development, and wellness. With a commitment to joy, cultural awareness, and collective care, Veronica creates supportive environments in which individuals can thrive.

A quote I live by:

"Be the change you want to see."



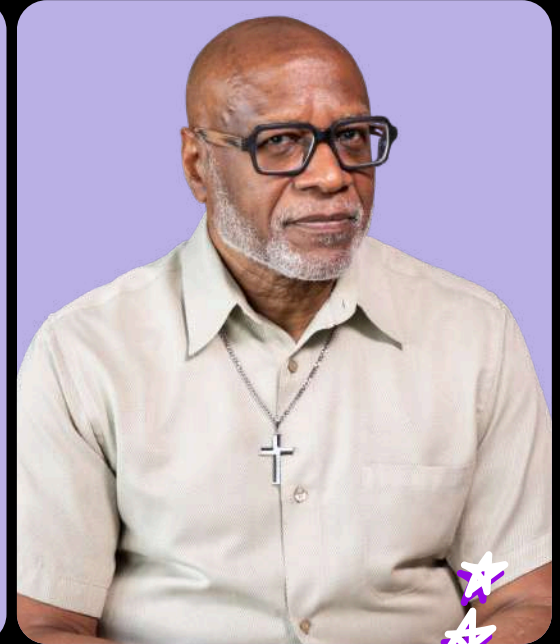


INNER CIRCLE

*Digital
Creators*

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Digital Creators





CAZOSHAY

BIRMINGHAM, AL

Cazoshay is a multidisciplinary artist, writer, and founder of Blossom & Brine, a luxury gourmet sugar cube and salt business. As a passionate disability advocate, she serves on the Brain Injury Association of America's Advisory Council and HuffPost's Disability Voices Advisory Board. Additionally, she is a member of the West Valley NAACP Political Action Committee and hosts Resilient Roots, a virtual support group for parents dealing with life after brain injury.

A quote I live by:

"She is clothed with strength and dignity, and she laughs without fear of the future." - Proverbs 31:25



LAYLA

CHARLOTTE, NC

Layla, self-described as "The Oprah of Social Work," is a community educator and digital creator. She has trained over 4,000 people in life-saving skills, collaborating with schools, nonprofits, and more. Passionate about health education across multiple spaces, she is ultimately committed to empowering individuals to advocate for their health and safety.

My Why:

"I believe access to knowledge saves lives, and everyone deserves culturally relevant information that empowers them to advocate for their health, safety, and future."



MIA

HOUSTON, TX

Mia is a passionate catalyst for change, unafraid to confront inequities and injustice in any form. As a 19-year triple-negative breast cancer survivor now working in the HIV and STI space, she remains deeply solution-focused and committed to impact. Her drive, acumen, and unwavering passion for people are woven into the very fabric of who she is.

A quote I live by:

*"Not everything that is faced can be changed, but nothing can be changed until it is faced."
James Baldwin*



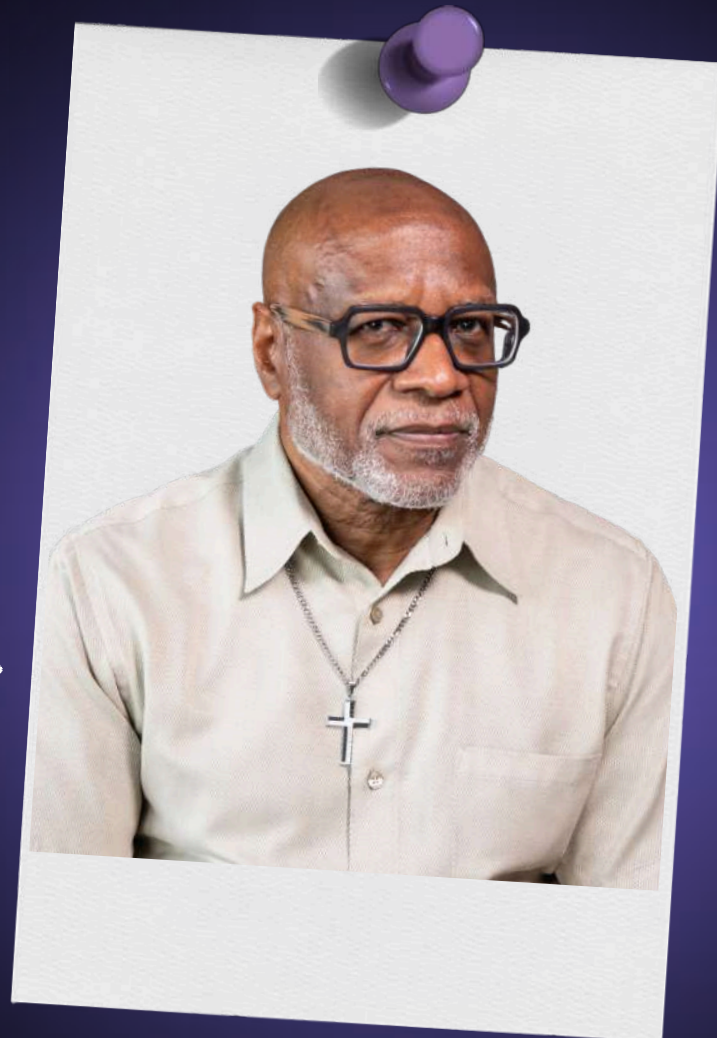
ROY

BIRMINGHAM, AL

Roy is a Pulitzer Prize finalist and AL.com columnist, known for his advocacy for prostate cancer awareness. As the founding editor of Savoy magazine and a former New York Times reporter, he won the 2021 Edward R. Morrow Award for best national podcast. His efforts led to the passing of a prostate cancer prevention act in Alabama in 2026, offering free PSA tests to high-risk men.

A quote I live by:

"God's power is made perfect in our weakness, so he shares his prostate cancer journey for others to see His healing, presence and works that far exceed anything we can think, see or imagine."





TOMIKA

PHILADELPHIA, PA

Tomika is a Philadelphia area-based lifestyle expert focused on health, wellness, and inclusive travel. A breast cancer thriver and advocate for health equity and social justice, she transforms conversations into actionable insights through her TomikaTalks Instagram platform and media appearances. Tomika empowers communities to live boldly and purposefully, making healthy living and meaningful exploration attainable for everyone.

My Why:

*"My healing became my calling—
turning pain into purpose, and
purpose into power."*



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*Partner
Organizations*

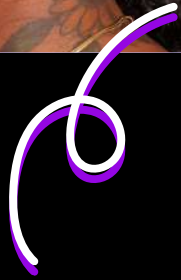
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Partner Organizations



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Partner Organizations





BILL

HOUSTON, TX

Bill is a Stage 4 neuroendocrine carcinoma patient, father, and cancer research advocate from Houston. He is the Director of Diversity for Man Up to Cancer and is involved with Fight Colorectal Cancer, the Department of Defense Rare Cancer Research Program, and various advisory boards. Leveraging his personal experience and oncology background, he aims to support men, particularly men of color and AYA patients, in their cancer journeys.

My Why:

"To turn my own cancer experience into community, language, and access so that no one—especially men and families from overlooked communities—has to navigate this disease in isolation."

DANIELLE

DETROIT, MI

Danielle Mitchell, CEO and Founder of Black Women in Clinical Research (BWICR), took her own route into clinical research and has continued to take her own route, having established a career in the field. Shocked by the lack of diversity within the Industry, Danielle has chosen to use her observations and experience to drive change and supports black women entering and building careers in the Clinical Research Industry because it matters!

My Why:

"I'm inspired by my members and their success stories. I'm inspired by the true, genuine people who pour their hearts out with their personal experience of how BWICR changed their lives."



DON

HOUSTON, TX

Don Singleton is a strategic leader and community builder known for his unique ability to use health and fitness as a catalyst for systemic change. As the Executive Director of AFEx Change (American Fit Experience) and the creator of HUMANS (Helping Understand Mental Health And Normalizing Support), Don brings together public agencies, corporations, and fitness influencers to solve real-world problems.

My Why:

"HUMANS' purpose is to help break the stigma and fear of mental and physical health for men."



DR. EDDIE

DALLAS, TX

Rev. Dr. Eddie Wright is a transformational leader in Dallas who turned a personal battle with prostate cancer into a life-saving mission for the Black community. After surviving his own diagnosis in 2012, Dr. Wright founded the We Can Win Foundation to dismantle the silence and stigma surrounding men's health. As a Navy Veteran, he uses his voice to build trust between doctors and the community.

My Why:

"My foundation and I are committed to continuing the fight to bring awareness to the importance of early detection for prostate cancer, breast cancer, and any cancer that is affecting our communities more than others."



DR. MERCEDES

DMV

Mercedes is an occupational therapist and mental health advocate who founded Mercisthetics and Tessa Home Care LLC. She authored the award-winning "The Enchanted Garden Affirmation Coloring Book," a bestselling mental health resource used in various settings. Tessa Home Care LLC focuses on compassionate, culturally inclusive support for older adults and those with chronic conditions.

A quote I live by:

"I am deeply committed to creating accessible, culturally grounded healing experiences that empower people of all ages to feel seen, supported, and worthy—whether through affirmations, care services, or creative interventions."



JAMIE

HOUSTON, TX

Jamie is the Founder and CEO of the AIP BIPOC Network, a nonprofit focused on health equity for communities facing chronic and autoimmune illnesses. She connects community engagement, systems change, and prevention through programs linking lived experience with policy, research, and access to care. Jamie collaborates with various organizations to create solutions based on trust, inclusion, and tangible impact.

My Why:

"My why is ensuring communities historically excluded from research and healthcare are included early, engaged authentically, and positioned as partners, not subjects, in building equitable health solutions."



JASMINE & SHA'ROSE

HUNTSVILLE, AL

Jasmine and Dr. Sha'Rose, cofounders of Huntsville, AL-based Physio Phit, are dedicated to inspiring honest health conversations and proactive steps. Physio Phit maximizes pelvic, physical, and mental health through education, resources, and intentional maternal movement events, fostering a supportive environment for all parents.

A quote I live by:

"We believe that empowering families with knowledge, resources, and each other is essential to dismantling the barriers they face in our current system."



ROBYN

PHILADELPHIA, PA

Dr. Robyn is a board-certified OB/GYN, clinician-researcher, and advocate, with expertise in drug development, women's health, and health equity. Committed to transforming maternal outcomes for Black women, she holds degrees from Brown, Temple, and Drexel and completed specialty training at the Medical College of Pennsylvania. A recognized thought leader and healer, she and her husband own Moody Jones Gallery near Philadelphia.

A quote I live by:

"Speak up, speak out, speak often—and always."





LISA

DETROIT, MI

Lisa Whitmore Davis, a breast cancer survivor and community advocate, channeled her personal journey into The Whitmore Project documentary. The film chronicles her victorious battle, highlighting the healthcare disparities disproportionately impacting Black women and underscoring the urgent need for systemic reform. Lisa's mission is to empower communities with knowledge and hope.

My Why:

"Documenting these experiences into a film that will help others who may travel the breast cancer journey, with the hope that this difficult road is made a little easier from viewing this film."



MARILYN

DMV

Marilyn Berchie-Gialamas is the Founder of Trinity Maternal Wellness Inc., which leads initiatives to advance maternal and family health through education, advocacy, and community partnerships. She is also a nurse educator and researcher in maternal and child health at Morgan State University. Her work centers on equity, service, and the improvement of maternal and family health outcomes for underserved populations.

A quote I live by:

"Service is the rent we pay for being. It is the very purpose of life, and not something you do in your spare time."
— Marian Wright Edelman





NIA

HOUSTON, TX

As a young content creator with a passion for protecting Black women, Nia Jones has curated her social media platforms as safe spaces for Black women and queer people to engage with and support each other! She's spent the last 5 years leading a nonprofit dedicated to the social and systemic equity of all Black women. With no plans to end her activism any time soon, we can only expect upward momentum from her and the Hoochies of Houston!

A quote I live by:

"I am a Black Feminist. I mean, I recognize that my power as well as my primary oppressions come as a result of my Blackness as well as my womaness, and therefore my struggles on both of these fronts are inseparable." - Audre Lorde



RACQUEL

DMV

Racquel, founder of Lupus In Color, is a dedicated lupus advocate and educator. Through her own lupus journey, she created a platform to educate and empower lupus warriors globally, amplify diverse voices, and address health disparities for those underrepresented in chronic illness spaces.

A quote I live by:

"Let your words be seasoned with love and positivity. Especially the words you speak over yourself!"



CLARA

CHICAGO, IL

Clara is the host and founder of Senior Talk with Clara Hubbard, a platform established in May 2011 that directly serves seniors in Chicago and Indianapolis. She also serves as a Chicago-based media liaison for the National Action Network, based in New York.

My Why:

"I am driven by a deep commitment to ensuring the senior community is empowered, engaged, and well-informed."





INNER CIRCLE

Spring 2026

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